



Jump Stars by Learnin' the Ropes

Jump Stars is a jump rope implementation model that allows students to earn rewards based on jump accumulation and/or skill development.

Students can earn stamps and/or tokens as often as you'd like for completing jumps or learning skills.

Examples

Jumps: Every 5 jumps, every 20 jumps, etc.

Skill: Every skill, every 2 skills, etc.

Rewards

Jump Stars Levels

Students have the opportunity to "Level Up" throughout your unit.

Rising
Star

Level 1

Shining
Star

Level 2

Shooting
Star

Level 3

Rock
Star

Level 4

All
Star

Level 5

Super
Star

Level 6

Watch your students have fun accumulating jumps and/or learning skills throughout your jump rope unit!

Jump Stars Levels: Jumps Only Model

Jumpers ACCUMULATE jumps. Jumpers DO NOT have to start over after each milestone.

Grade Levels: K & 1

Rising Star – 10
Shining Star – 30
Shooting Star – 50
Rock Star – 70
All Star – 100
Superstar – 150

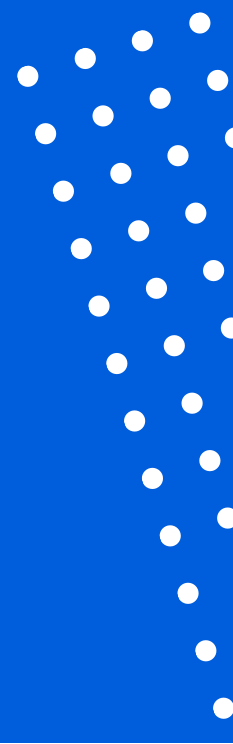
Grade Levels: 2 & 3

Rising Star – 25
Shining Star – 75
Shooting Star – 150
Rock Star – 250
All Star – 350
Superstar – 500

Grade Levels: 4 & 5



Rising Star – 50
Shining Star – 150
Shooting Star – 300
Rock Star – 500
All Star – 750
Superstar – 1000



Jump Stars Levels: Skills Only Model

Jumper must complete suggested number of skills to move to each level.

Grade Levels: K & 1

- Rising Star - 2 Skills
- Shining Star - 3 Skills
- Shooting Star - 4 Skills
- Rock Star - 5 Skills
- All Star - 6 Skills
- Superstar - 7 Skills

Grade Levels: 2 & 3

- Rising Star - 3 Skills
- Shining Star - 4 Skills
- Shooting Star - 5 Skills
- Rock Star - 6 Skills
- All Star - 7 Skills
- Superstar - 8 Skills

Grade Levels: 4 & 5

- Rising Star - 4 Skills
- Shining Star - 5 Skills
- Shooting Star - 6 Skills
- Rock Star - 7 Skills
- All Star - 8 Skills
- Superstar - 9 Skills



JUMP STARS

EXAMPLE SHEET

○ = 50 Jumps

After 50 jumps students earn a stamp!

○	○	○	○	○
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200	400	600	800	1000

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1200	1400	1600	1800	2000

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2200	2400	2600	2800	3000

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3200	3400	3600	3800	4000

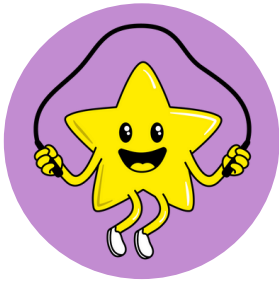
Name _____

Grade _____

Homeroom Teacher _____

My name: _____

Date: _____



Jump Stars Skills

Instructions: Check off students skill development progress

Red Skills

	Tried it	Made it
Single Bounce		
Double Bounce		
Side Swings		
Single Leg Hops		
Backward Jumps		

Blue Skills

	Tried it	Made it
Skier		
Bell		
180		
Walk the Dog		
Arm Wrap		
Beg. Push Up		
Double Side Swing Jump		

Green Skills

	Tried it	Made it
Side Straddle		
Forward Straddle		
X Motion		
Wounded Duck		
Single Side Swing Jump		
Full Turn		
Under Leg Handle Pass		

Purple Skills

	Tried it	Made it
Twister		
Peekaboo		
Knee Ups		
Criss Cross		
Mountain Climber		
360		
Locked Cross		

Yellow Skills

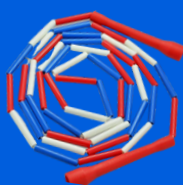
	Tried it	Made it
Heel to Heel		
Toe to Toe		
Heel to Toe		
Mad Dog		
Side Cross		
Speed Step		
Backward Cross		
Bubble		

Orange Skills

	Tried it	Made it
Double Under		
Swing Kick		
Leg Over		
Caboose w/ a Cross		
Can Can		
Mad Dog 360		
Double Under Cross		
Double Under 180		

Materials Pricing

Here are OPTIONAL materials to help your program run smoothly!



Jump Ropes

Class Packs

24 Ropes - \$220 + Shipping

36 Ropes - \$305 + Shipping



Jump Stars Stamps

Stamps - \$15 + Shipping



Jump Stars Tokens

Multi-colored tokens to reward students' achievements

Price - \$30 per set of 100 + Shipping



Single Rope Program

Online Access - Skills Videos, GIFS, Combos, Routine, and Visual Skills Cards

Price - \$165



Visual Skill Cards

Price - \$50 Digital Printout

To order:

Contact Nick at nick@learnintheropes.com